

# CONVENE



Finland  
Convention  
Bureau



visit espoo

## CONVENE 2018 Post Fam Tour: Program in Helsinki and Espoo

*Please notice that times/places are subject to change.*

### HELSINKI

Helsinki is a dynamic Nordic capital situated on shores of the Baltic Sea. The sea embodies the spirit of Helsinki. The city's downtown core is surrounded by it; numerous inland bays and channels flow through and define the urban landscape. Helsinki is the centre of Finland's administrative, educational and cultural life. It is also the finance and business hub of the country. Together with its neighboring cities Helsinki forms the metropolitan area with more than one million inhabitants. The strengths and know-how in the region are based on research, business and innovation.

Helsinki is an ideal setting for meetings and incentives: a rich mix, where nature meets urban city life. There are four major conference venues which offer meeting space to small meetings and big conferences of up to 10,000 delegates. The hotel scene offers great locations from design and boutique hotels to large conference hotels. Almost all international hotel brands have presence in Helsinki and most of the hotels are located within 1.5 km from the Main railway station.

Activities differ from season to season and tours are available for groups with different interests throughout the year: from guided tours to the design-hungry to snow-mobile and RIB-boat safaris for the adrenaline-driven.

If you are posting on social media, please use hashtags: **#myhelsinki** and **#helsinki**

[www.meethelsinki.fi](http://www.meethelsinki.fi) | [www.myhelsinki.fi](http://www.myhelsinki.fi)

### ESPOO

The city of Espoo is the second largest and the fastest growing city of Finland – part of the Helsinki Metropolitan Area. Espoo is Northern Europe's largest high-tech and innovation hub where science, business and culture meet the wilderness of Nuuskio National Park and stunning seaside environment. The city's innovative spirit, Aalto University, technology hub Otaniemi and international companies attract continuous interest from science, research, investors and business professionals worldwide.

Location right next to the capital Helsinki means excellent transportation links. Helsinki Airport is just a half an hour drive from Espoo and the capital region has an extensive and affordable public transportation network. The new metro line, opened in November 2017, will take you to Helsinki in 10 minutes.

Enjoy the Finnish hospitality and traditions in Espoo: Try for example real smoke sauna, jump into the lake for a refreshing swim or taste traditional Finnish cuisine. Or how about rescue suit swimming in the frozen lake? Espoo offers a chance to experience a glimpse of Arctic too; visit the Nuuskio Reindeer Park, meet the friendly Siberian huskies and raise your adrenaline in a fast sled dog ride and enjoy the evening with a dinner in real Lappish hut. During winter ice fishing and snow shoeing are a must.

If you are posting on social media, please use hashtags: **#visitespoo** and **#meetespoo**

[www.meetespool.fi](http://www.meetespool.fi) | [www.visitespoo.fi](http://www.visitespoo.fi)

# CONVENE

## Thursday, February 15<sup>th</sup> 2018

18:30 Flight departs from Vilnius Airport. The local hostesses travel with the group from Vilnius to Helsinki.

20:20 Welcome to Helsinki Airport!  
Transfer to the hotel

20:00 Check in & welcome drinks at **Hotel Lilla Roberts**, <https://www.lillaroberts.com/en/>

*Hotel Lilla Roberts offers 130 stylish and spacious rooms in an elegant environment. Originally designed in 1908 by one of Finland's top architects, Selim A. Lindqvist, the building served as the head offices for Helsinki's Energy Works and housed, among other things, an electrical substation that provided energy for the city center during most of the 20th century.*

21:00 Dinner at **Restaurant Strindberg**

*At Strindberg's, the top-quality kitchen combines the ever-popular Nordic classics with the latest international flavours and styles*



## Friday, February 16<sup>th</sup> 2018

Breakfast at the hotel and check-out (take your luggage in the bus)

09:15 **Helsinki Sightseeing**

*Helsinki is one of the finest Art Nouveau cities in the world. During the sightseeing you will see the most important sights of the city, including the Senate Square and the Rock Church: quarried out of the natural bedrock, Temppeliaukio Church is one of Helsinki's most popular tourist attractions. The Senate Square and its surroundings form a unique and cohesive example of Neoclassical architecture.*

10:45 Visit to **Finlandia Hall**

*A masterpiece by the world-renowned Finnish architect, Alvar Aalto, Finlandia Hall is worth a*

*visit in its own right. Finlandia Hall is one the leading congress, event and entertainment venues in Helsinki. Centrally located, in park-like surroundings, it is ideal for conferences and exhibitions, as well as for smaller meetings and events.*

[www.finlandiatalo.fi/en](http://www.finlandiatalo.fi/en)

11:45 Visit to **Helsinki Congress Paasitorni & Scandic Paasi**

*The meeting complex at Paasitorni has 30 functional, inspiring, historic and modern rooms for up to 800 participants. Scandic Paasi is a unique hotel in the Scandic portfolio, offering 170 rooms adjacent to the congress centre and only a short walk away from all the attractions downtown.*

<https://www.scandichotels.com/hotels/finland/helsinki/scandic-paasi>

# CONVENE

## 12:15 Lunch at **Restaurant Meripaviljonki**

*Meripaviljonki is a unique floating panorama restaurant which specializes in seafood: fish, shellfish and lobster from its very own tank. While it is a fish and shellfish oriented restaurant, the menu does also feature meat and vegetable dishes. The venue is also suitable for private events and banquets.*

<http://www.ravintolameripaviljonki.fi/?lang=en>

## 14:00 Visit to the **Iittala & Arabia Design Centre**

*A deep dive into two of Finland's most celebrated design and lifestyle brands, Iittala and Arabia*

*– a window into the past present and future of these legendary brands. During a guided tour you will get the most out of your visit to the centre. Design Museum Arabia is the museum's outstanding collection of Finnish ceramics and glassware. The future of design is on display at the centre's Design Lab where participants can also visit the studio of a ceramics artist in the Art Department. The installations at Fiskars Pavilion and Showroom are also included in the tour.*

<http://www.designcentrehelsinki.com/en/>

## 15:30 **Bus transfer to city of Espoo**

## 16:00 Visit at the **Aalto University Otaniemi Campus** and to **Dipoli**

*Otaniemi is a rapidly growing and developing area that unites the university's researchers, teachers and students. The new campus is developing into a unique centre of cooperation that attracts partners from all around the world. The campus and its immediate vicinity is the site for many of Finland's largest companies' headquarters, not to mention home to a great number of smaller companies. [www.aalto.fi](http://www.aalto.fi)*

*Newly renovated Dipoli serves as Aalto University's main building and it represents a new type of multi-purpose design that showcases the University's expertise, activities and people. Dipoli continues to offer meeting and exhibition facilities and it houses also several cafeterias and restaurants. Seminar- /gala halls are for 10-1000 persons.*

<http://facilityrental.aalto.fi/en/dipoli/>

## 17:30 Check in at **Hotel Hanaholmen**

*The newly renovated Hanaholmen offers visitors top modern hotel rooms and conference facilities. Located a stone's throw away from Helsinki with the beautiful Finnish archipelago just outside the window. Nordic art and design set the atmosphere of the entire hotel. In-house Restaurant Johannes serves Nordic-style dishes, inspired by surrounding nature. [www.hanaholmen.fi](http://www.hanaholmen.fi)*

## 18:00 Outdoor activity (show shoe walk) with a possibility for a sauna

## 19:45 Hotel Hanaholmen tour/presentation and dinner at hotel Restaurant Johannes





## **Saturday, February 17<sup>th</sup> 2018**

Breakfast at the hotel and check-out (take your luggage in the bus)

### **09.30 Visit at Långvik Congress Wellness Hotel**

*Långvik spa and conference hotel is situated in a tranquil seaside setting - just half an hour drive from the centre of Helsinki. The stylish hotel rooms, such as sea-view suite with sauna, create an ideal framework for your journey. Multipurpose approximately 3 000 square meter conference and banquet halls are easily adjustable and allow to arrange both small and large events. [www.lanqvik.fi](http://www.lanqvik.fi)*

### **11.00 Visit to the Finnish Nature Centre Haltia**

*Haltia is an impressive modern, ecologically designed visitor and event centre on the fringes of Nuuksio National Park, 25 kilometers from Helsinki. Haltia brings all of Finland's nature under one roof and closer to the visitor through both the building's facilities and its stunning exhibitions. In Haltia you can organize conferences, meetings, seminars and celebrations in the middle of the nature. [www.haltia.com](http://www.haltia.com)*

### **12.00 Visit to Nuuksio Reindeer Park and lunch, Visit premises of Sea & Mountain Adventures**

*Experience a touch of northern magic in Nuuksio Reindeer Park which is the southernmost place in Finland where you see reindeer. Sea & Mountain Adventures Ltd. is a family-owned company which has hosted top-quality events in Nuuksio National Park since 1994. Their idyllic log cabins, Lappish tepee "White Reindeer" restaurant and "InipiSpa" sauna/bath by the forest pond provide a relaxing setting for various events. [www.sma.fi](http://www.sma.fi) and <http://nuuksiowhitereindeer.fi/>*

### **14.00 Outdoor activities (ice fishing/husky adventure) at Eventure's basecamp Yli-Takkula**

*Eventure offers versatile outdoor activities and adventures, idyllic meeting facilities and tasty dining at rural estate Yli-Takkula next to Nuuksio National Park. [www.eventure.fi](http://www.eventure.fi)*

**15.45-** Transfer to Helsinki Airport and flights back to origin destinations of FAM guests, according to guest's individual flight schedules.